



Rotary **ROSSMOOR ROTARY NEWS**



President: Carolyn H **Address:** PO Box 2177, Walnut Creek CA 94595 D5160 Club 461

Notes: Joy A **Photos:** Paul W July 24, 2024

Club Website: www.rossmoorrotary.org

District Website: www.rotary5160.org

MEETING NOTES: 07/24/2024

Call to Order: President Carolyn rang us to order. Sargent at Arms David led us in the Flag salute. The patriotic song was the "Star-Spangled Banner" sung before a baseball game.

Guests and Visiting Rotarians: Dan, a Rotarian from Vermont who is visiting with his mom at Waterford. Mariu A whose father and husband were Rotarians. Gene V. and his wife who were here to listen to our speaker. Brenda Y whose membership application has been turned in.

Thought for the Day: Dr. Eddie told us that when a child cries, adults tell them to be tough and cut it out. When an adult cries, a child will offer comfort without judgement.

Happy Dollars: My Goodness! There were a lot of Happy Rotarians on Wednesday. Carolyn H. for the successful breakfast at Trinity House. Jim O. in memory of their beloved cat of 23 years. Peter VH. who had adopted a rescue greyhound. He took this previously caged animal to the dog park and enjoyed seeing him interacting with other dogs. John S. volunteered with his Turlock Rotary Club at the fair in 109-degree heat. He also enjoyed having his two grandsons here for a week and took them whitewater rafting. Notetaker's reminder we all need to be careful in these hot days to not overstress our bodies. People do die from overheating. David B because it is the first day of the rest of his life. Paul W. for his youngest grandson who is halfway through the training to become a firefighter and an EMT. Stan H. happy to have his blue badge. Patrice J. had a great weeklong visit with her siblings. Joy A. wonderful visit in New York with her youngest daughter and 2 young adult granddaughters. Norm celebrated his 84th birthday.

Sunshine Report: Jean D. told us that the *Rossmoor News* had a lovely Obituary for John Bernadine. Jim O. had talked with Earl A. who is homebound with 24/7 care due to Parkinson's. He would welcome visitors. His contact information is in DACdb.

ANNOUNCEMENTS

- Carolyn gave us an update on Trinity Center. Our monthly volunteer's preparation of breakfast is very appreciated. We are looking to expand the volunteer opportunities there. During the last year Trinity has secured housing for 90 people who were unhoused.
- The Friday Morning Farmer's Market Rotary information table is being discontinued. The powers that be have located the information tables in a very out of the way place and nobody stops there. It is a waste of our time.
- Sharon L. reminded us that our Cancer, Parkinson's Alzheimer's (CAP) Gala netted \$66,000 last year. She wants us all to be thinking what we might donate to the silent auction. This year's CAP Gala

will be on Nov. 9th, at the Event Center. Mark your calendar and plan to attend. This is our major fundraiser, and everyone really needs to participate.

- Bill B. reminded us about our TGIF on July 26th at Creekside. We will be remembering Mitzi B and her husband Dr. George and family be there. Since these notes are being written on Saturday, it can be reported that it was a lovely evening. Each member of the family spoke and many of us shared fond memories of Mitzi. Her son brought her baby book and other dear pictures.
- **Membership:** Stan H. received his blue badge. Congratulation Stan.
- Rotary International Foundation: David C. presented Bill B. with his new Paul Harris pin marking him as a generous contributor with a Paul Harris plus 4 level.
- We all need to remember the amazing work Rotary does in the world and contribute to it financially as we are able. You can go online to My Rotary or give a check made out to TRR (The Rotary Foundation) to David C who will send it in for you.

PROGRAM

Our speaker was Melissa Allen talking to us about the Rotacare Clinics. Rotacare clinics provide medical care for adults with no medical insurance. It is for adults only as all children in California are covered under a CA. insurance program for youngsters. There are three Rotacare clinics in Contra Costa. There is a van that has supplies, an administrative station, and two exam rooms. It moves from clinic to clinic. The one in our area is held on one evening a week at an elementary school on the Monument corridor in Concord. There is a women's clinic at the Salvation Army building and a general clinic in Richmond. There is a paid coordinator, and the rest are volunteers. If you have a medical background, they certainly could use your help. Non-medical folks also can volunteer. Contact can be made through their website. Joy A. volunteered there for a number of years as an intake person.

The operational cost of the program is \$100,000 a year. The funding is raised from donations and grants. Our club makes a yearly grant to Rotacare. John Muir partners with the program, LabCorp donates free lab work. CC Pathology does the screening for Pap Smears and STD.

UPCOMING EVENTS

Aug 7	David Whelk – Climbing Mt. Everest
Aug 14	10:30 Club Board of Directors Meeting
Aug 14	David Behring – Wheelchair Foundation

PHOTOS



Stan H and Jim O



Bill B and David C



President Carolyn and Mark C



President Carolyn and Melissa Allen